

# Fireside Focus

Open Minds, Open Hearts, Open Doors

The Week Ahead ~ June 10 to June 17

## Upcoming Events at a Glance

Date	Time	Event
Wednesday, June 15		Grade 6 ELA Provincial Achievement Test Part B
Friday, June 17		Grade 6 Math Provincial Achievement Test Part A
Friday, June 17		Please be sure all books are back to the Learning Commons by this date
Monday, June 20		Grade 6 Math Provincial Achievement Test Part B
Tuesday, June 21		National Indigenous Peoples Day
Wednesday, June 22		Kindergarten & Grade 1 Zoo Field Trip
Wednesday, June 22		Grade 6 Science Provincial Achievement Test
Thursday, June 23		Grade 6 Social Studies Provincial Achievement Test
Thursday, June 23		Grade 8 Pioneer Camp Alberta Field Trip
Friday, June 24		All outstanding school fees due
Friday, June 24		Grade 2 Heritage Park Field Trip
Friday, June 24		Last Day of Kindergarten
Friday, June 24		Grade 8 Farewell
Monday, June 27		Grades 5 - 8 Calaway Park Field Trip
Tuesday, June 28		Report Cards Available for Viewing Online
Tuesday, June 28		Last Day of Classes (1-8)

Hello, families and friends of Fireside! It has been another full week at Fireside School. As you can see from the first page, the rest of the month is also pretty jam packed. The weather has been fairly cooperative for our field trips, and hopefully that stays true for the rest of the year. There are plenty more excursions to come. So far, we've enjoyed stops at Cochrane Ranch, Glenbow Provincial Park, and the Zoo, as well as some engaging visits with our friends at Fireside Dental.



Learning in June definitely seems to be intertwined with nature and growth. We're seeing Tomato-spheres being planted, butterfly projects underway, kids sitting on sit-spots, and all kinds of outdoor learning. With the weather typically a mix of rain and sun, some families may wish to send an extra set of clothes to school just in case of water or mud-related mishaps.



And speaking of clothes, please consider stopping by to look through the lost & found before the end of the year. All items will be donated or discarded once the doors have closed for summer.



On Friday, staff celebrated the imminent retirements of four of our colleagues here at Fireside. Mrs. Beloglowka (K), Mrs. Melton (6), Mrs. Dancey (8), and Mrs. Sambrook (Learning Support) are all calling the 2020-21 school year their last and will no doubt be counting down the remaining days in June with some extra interest this year. We have been so lucky to have these amazing educators here at Fireside, and they will be dearly missed by staff and students alike. We wish them the very best in their new season of life and some much deserved R&R. Congratulations ladies!

### **[NEW: Report Cards & Reading Level Reporting](#)**

Report cards will be available for viewing in PowerSchool on June 28th. Teachers will be including information on current reading levels for students in their report card comments. These reading levels were assessed and reported on in January and have been reassessed again at year's end. Please note: the current reading level information being shared pertains exclusively to students' ability to read and comprehend text. It does not constitute a final grade for any class or disciplinary area. English Language Arts reporting is separate.

## **REMINDER: Outstanding School Fees**

It has been a fun and busy school year for our students! There have been many field trips, sports teams, and special activities to participate in. Many of these activities have fees associated with them. We ask all parents/guardians to please log into [SchoolCash Online](#) to make sure that all fees assigned to your children's accounts have been paid.

**All fees are due in full by June 24, 2022.** Fees that remain outstanding after this date may be forwarded to RVS's Finance Department to begin collection procedures without further notice.

Grade 7/8 Optional Course Fees may be waived for families who are receiving the Goods and Services Tax (GST) credit (base year 2020). Please contact the school office for the application form as soon as possible as the deadline is June 30, 2022.

## **NEW: FREE Summer Mental Health and Wellness Programs**

The MHCBC, Stepping Stones to Mental Health team has developed a summer filled with brain development, mindfulness, connection, and most of all fun!

### **Online**

#### **MindUP Online (Grade 3-5)**

For grades 3-5. Learn about mindfulness and how it can calm your child's brain when worried and help them focus. We'll talk about the importance of kindness and gratitude and how these actions will build resilience, all through fun and engaging online activities!

Dates: July 6 – August 3

Times: Wednesdays 8:30 – 9:30am

Location: Online

Registration: <https://register.rockyview.ab.ca/admin/register.cfm?sesID=5275>

## **Cochrane**

### **Children**

- **Grow in Nature (Age 6-12)**

A 5 week in-person program where children will engage in nature-based mindfulness activities and games. Children will have the opportunity to learn more about the benefits nature has on our minds and bodies, all while having fun outdoors! It's open to children aged 6-12. The topics over the 5 weeks will include: mindful sensing, kindness & gratitude, mindful movement, optimism, and positive affirmations

Dates: July 26 – August 23

Times: Tuesdays 2:00-4:00pm

Location: Cochrane – Riverfront Park

Registration: <https://register.rockyview.ab.ca/admin/register.cfm?sesID=5289>

### **Youth**

- **Be Body Positive (Cochrane) (Ages 12-16)**

A five-week group where people ages 12-16 will have a safe space to explore body positivity, ideas around beauty, health, and self-confidence without comparison or judgement. The group will explore understanding health, practicing intuitive self-care, cultivating self-love, declaring authentic beauty, and building community.

Dates: July 27 – August 24

Times: Wednesdays 12:00-2:00pm

Location: Cochrane Public Library (TBC)

**Registration:** Coming soon through the Cochrane Public Library

For more information, please contact...

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Pronouns: She/Her/Hers

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Stepping Stones to Mental Health

Rocky View Schools

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*"Imagine a world without stigma where vulnerability is a strength & compassion is your first response."*

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**If you or someone you know is experiencing distress or in crisis,  
please contact one of the following numbers, or call 911 if in immediate danger.**

\* Distress Centre (24 hrs/day): 403.266.HELP (4357)

\* Kids Help Phone: 1.800.668.6868

\* ConnecTeen: 403.264.8336

\* Airdrie Urgent Care: 403.912.8500

\* AHS Mental Health Helpline: 1.877.303.2642

\* National Indian Residential School Crisis Line (24hrs/day): 1.866.925.4419

\*Togetherall: <http://togetherall.com/en-ca/>